## What is humility?

Think about these people and try to work out what it was that would cause them to be described as humble:

- Jesus Matthew 11:29; John 13:1-5
- Moses, Numbers 12:3; Exodus 32:31-32; Numbers 14:11-20
- Little children, Matthew 18:2-4

How should we be humble before God?

2 Kings 5:1-16; Luke 17:7-10

James 4:3, 1 Peter 5:6-7, Matthew 5:2-5

## How can we be humble with other people?

Are we prepared to accept help from people we consider less competent than ourselves? (Naaman did accept help from the servant girl). Do we really try to see other people's point of view? Do we try to justify ourselves when we are in the wrong (or other people think we are)? Do we try to get our own way, or get the most interesting part of a job? Do you always tell people when you've done something kind?

What is the opposite of humility?

Think of some examples

