

Ephesians 4:17-32; 5:1-21

For you were once darkness, but now you are light in the Lord. Live as children of light.

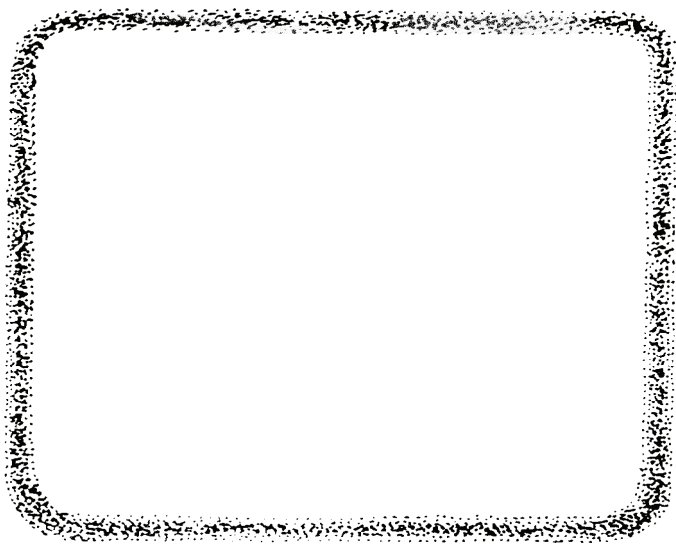
Ephesians 5:8

Readings this week:

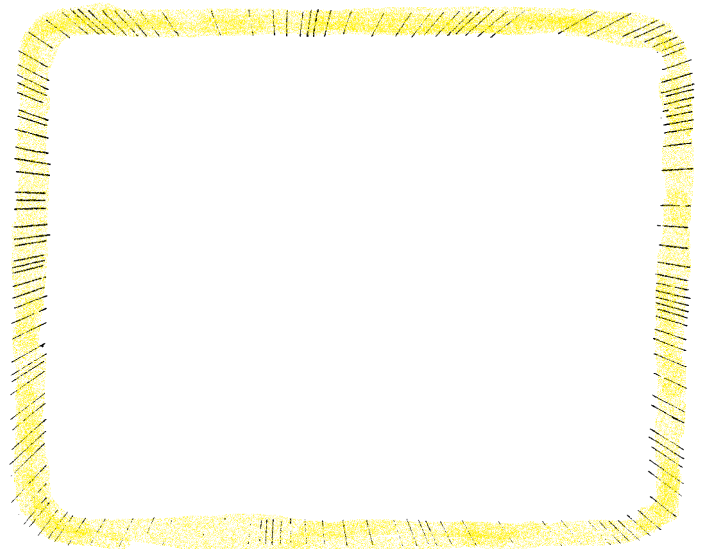
S Ephesians 4:17-24
M Ephesians 4:25-32
T Ephesians 5:1-14
W Ephesians 5:15-21
Th Romans 6:8-23
F 1 Corinthians 6:9-20
S 1 Thessalonians 4:1-12

In his letter to the Ephesians, Paul talks about the contrast between doing what God wants and what he doesn't want. He says that it is like the difference between walking in the light and walking in the dark. Look at Ephesians 4:17-32 and 5:1-21. Write down in the boxes the things which are characteristics of walking in dark or light.

DARK

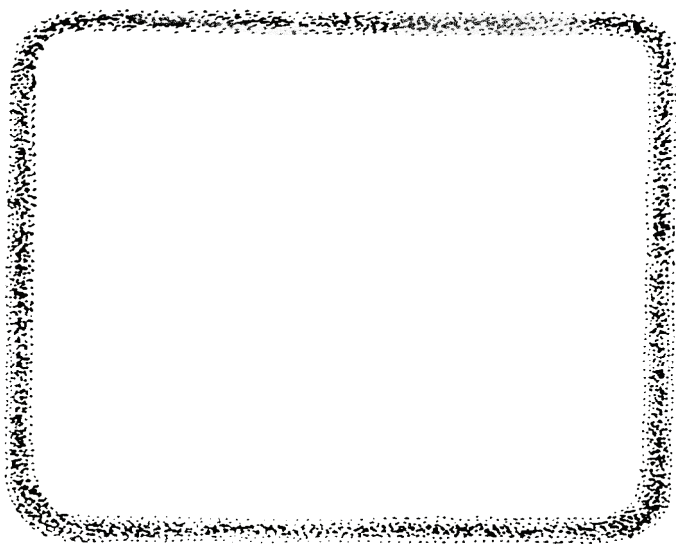


LIGHT

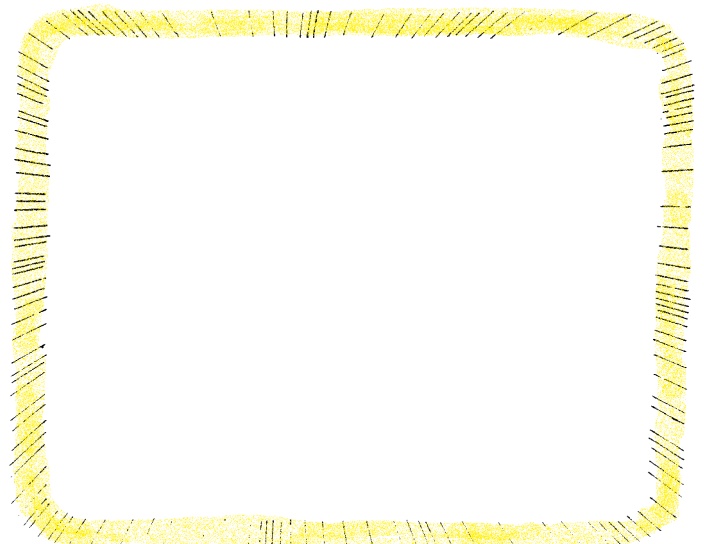


Now think about things in your own life. Which things put you in the dark and which make you see the light?

DARK



LIGHT



If you live in the

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 you will know fear. Do you

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 to come out of the dark?
 If not, the result will be

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 Your life will be full of moral

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 You will feed on a

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 of selfishness and greed.
 You will find that your good
 intentions have

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 And you will be ashamed of
 every

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 All your hope will be

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 and all you can look
 forward to is

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If you live in the

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 you will have a clear

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 of what is going on.
 You will know what's

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 There will be no

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 between you and God.
 Christ can

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 you. You will have the best

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 there is now,
 and in the future you will

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 in God's kingdom.
 Living in light means
 showing God's

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Digging Deeper

Luke

Where was Luke? (sometimes called Lucas in the AV)

You probably already know that Luke wrote the Acts of the Apostles as well as the Gospel

He isn't mentioned much by name but we can detect when he is around.

Which word in Acts 16:10 tells us that Luke was there?

How is this different from Acts 16:8?

Look through the following passages with a map of Paul's journeys (you may have been marking them on the map at the front of the workbook) and identify where Luke was with Paul (You could mark these places on the map in the workbook)

Acts 16:10-18

Acts 20:5 - 21:18

Acts 27:1 - 28:16

Paul wrote letters to the people of Colosse and the Philippians from Rome after he had arrived there at the end of Acts. How do these two references add to what we have learned about Luke?

Colossians 4:14

Philemon 24

Much later when Paul was in Rome again in a much harder prison, he wrote to Timothy. What does this verse tell us about Luke?

2 Timothy 4:11

Can you think of any other times when light and dark are used to explain things in the Bible?
 Can you think of anything Jesus said about light?

Why is God so clear about what is good and what is bad behaviour?
 What does it mean to you, to be told so clearly what is right and what is wrong?

Ask
 God to keep
 you in his light
 and to show you
 clearly the way
 to go in your
 life.