

# Prayer

A Project Pack for seniors (age 11 +)

### About this Pack

Project packs are a series of themed activities for use in CYCs, holiday clubs or as additions to the syllabus. They are intended to be just a starting point for ideas because the children you are working with will dictate the activities you use and the way you use them.

Some of the activities need quite a lot of preparation such as collecting items and making games so it's worth reading through what you might want to do well in advance of the session. It is also advisable to try out beforehand what you are expecting the children to do later.

If you need to make board games or cards, the pages are free to photocopy. You could copy and print onto paper and stick onto card or print straight onto card if your printer allows for this. This project pack is on our website at www.cssu.org.uk, so you could download the page and print straight onto the paper or card.

Feel free to pick and choose what activities will suit your needs and adapt for your particular class.

If students are asked to make online searches, please ensure they are careful with their searches so they do not discover unsuitable sites.

Keep asking questions while the children are working on a model. Some children will talk when they don't feel the pressure of you waiting for an answer. Some of course won't shut up so should be encouraged to listen to what others are saying.

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Quotations are from the NIV unless otherwise stated.

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### A Summary of each Unit

### Unit 1: Why do we pray?

This unit considers how prayer is about building a relationship with God.

There is an activity to make coasters to remind the students why prayer is necessary.

### Unit 2: Who do we pray to?

To help us build this relationship we need to think about who God is.

This and the following unit follow the Lord's Prayer so Unit 2 looks firstly at 'Our father in Heaven....' and our relationship with God as a loving parent; and secondly '...hallowed be your name' and the part of praise in our prayers.

Activities include planning prayers, making a musical instrument, modelling and thinking about worship in song, in the Psalms and in our lives.

### Unit 3: What should we pray for?

This unit looks further at the Lord's prayer

'your Kingdom come, your will be done, on earth as it is done in heaven...' Activities include acting, making a poster, and thinking the 'treasures' of the kingdom.

'Give us today our daily bread...' two quizzes, bread making and spiritual snacks.

'forgive us our debts as we also have forgiven our debtors...' with drama, art and craft.

'lead us not into temptation, but deliver us from evil...' making a temptation slider.

This is by far the largest unit and may well need more than one session.

### Unit 4: Where should we pray?

The last two units look at the practical side of praying.

A game to help the students think about where they choose to pray.

A craft activity - making a door hanger.

### Unit 5: When should we pray?

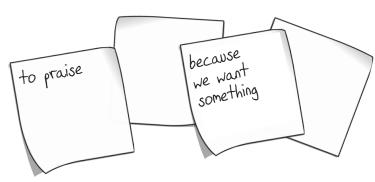
This unit encourages the students to realise that our whole lives should be full of prayer.

There is a memory game; a bookmark, poster or cards to make and a wordsearch.

# Unit 1: Why do we pray?

# What do you think the purpose of prayer is?

On some post it notes jot down some reasons that you might pray.



But God knows everything about us and what we need, so why do we have to pray?

Think about Jesus and Paul when they prayed.

Is there something more in these prayers. Write on your post its?

One of those days Jesus went out to a mountainside to pray, and spent the night praying to God. Luke L: 12

I have not stopped giving thanks for you, remembering you in my prayers. I keep asking that the God of our Lord Jesus Christ, the glorious Father, may give you the Spirit of wisdom and revelation, so that you may know him better. Ephesians 1:16,17



So prayer isn't just a few minutes at a time telling God things it's about building a relationship with God.

Maybe there are things you would like to add to your prayers that would help you build a relationship.



why did this happen to my friend?

Remember to chat it over with God.

Here are some more reasons to pray.

### **Because God hears us**

- From his temple he heard my voice; my cry came before him, into his ears.

Psalm 18:6.

### Because he is among us

- For where two or three gather in my name, there am [ with them. Matthew 18:20.

### So we may recieve God's grace

- Let us then approach God's throne of grace with confidence, so that we may receive mercy and find grace to help us in our time of need. Hebrews 4:16

## Unit 1: Why do we pray?

### **Let's make prayer mats!** (Well, drink coasters)

You can make coasters using different materials so the first thing to do is to decide on the best materials, how big you want them and how many you want.

You can buy pre-prepared coaster packs from craft suppliers. At the time of printing BakerRoss does several good versions. You could use cork covered with Perspex. (Cork and Perspex can be bought on-line) You could use tiles with felt underneath to prevent scratching. Or a cheaper option would be to use thick card covered with clear sticky back plastic, or existing cheap or old tired coasters maybe from a charity shop.

### For each coaster you want to make you will need

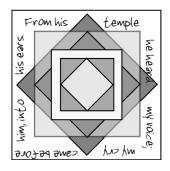
- Your chosen materials cut to the size and shape. Basically you will need a base (cork, tile and felt, strong card, existing coaster or something from your bought pack); your own design on paper and a covering material (Perspex or clear sticky back plastic).
- PVA glue
- Colouring pencils
- Contact adhesive

#### What to do

1. Design your coaster and make a good copy either free hand, with collage pictures or using a computer draw progamme. It may be best to keep it simple. Colour them if you wish using pencil. (If you use pens the ink may run when in contact with the glue) Add a suitable Bible verse, written by hand or using a computer font, to remind you why we pray. There are some suggestions at the bottom of these two pages. Cut out your completed squares or circles.



- 2. Take your base material and stick your design on the base with PVA glue.
- 3. If using Perspex to cover, take the contact adhesive and smear a small amount around the edge of the design side of the cork. (This glue is strong so take care) Put a small line of glue around the outside edge of a square of Perspex. Let the glue on the surfaces dry for a few minutes until it is tacky. Once the glue is ready stick the Perspex onto the cork. The glue will stick quickly, so be careful about how you do it if you feel unable to line things up and stick at the same time ask for help.
- 4. If using sticky back plastic cut a rough shape bigger than the coaster and carefully lay it over your design. Carefully smoothe it from the middle and then trim it.







### So we may be healed

- Therefore confess your sins to each other and pray for each other so that you may be healed. James 5:16

### To benefit others when we pray for them

- Dear friend, I pray that you may enjoy good health and that all may go well with you, even as your soul is getting along well.

3 John 1:2

### Because he is near to those who pray

- The Lord is near to all who call on him, to all who call on him in truth. Psalm 145:18.

# Unit 2: Who do we pray to?

So now we know that we want a relationship with God, let's look at the example of prayer Jesus himself gave us. The 'Lord's Prayer' is a wonderful template.

# Our Fæther in bearen

- 1 Praise the Lord, my soul; all my inmost being, praise his holy name.
- 2 Praise the Lord, my soul, and forget not all his benefits—
- 3 who forgives all your sins and heals all your diseases,
- 4 who redeems your life from the pit and Crowns you with love and Compassion,
- 5 who satisfies your desires with good things so that your youth is renewed like the eagle's.
- 8 The Lord is compassionate and gracious, slow to anger, abounding in love.
- 9 He will not always accuse, nor will he harbor his anger forever;
- 10 he does not treat us as our sins deserve or repay us according to our iniquities.
- 11 For as high as the heavens are above the earth,
- so great is his love for those who fear him; 12 as far as the east is from the west,

- so far has he removed our transgressions from us.
- 13 As a father has compassion on his children, so the Lord has compassion on those who fear him;
- 14 for he knows how we are formed, he remembers that we are dust.
- 17 But from everlasting to everlasting the Lord's love is with those who fear him, and his righteousness with their Children's children-
- 20 Praise the Lord, you his angels, you mighty ones who do his bidding, who obey his word.
- 21 Praise the Lord, all his heavenly hosts, you his servants who do his will.
- 22 Praise the Lord, all his works everywhere in his dominion.

Praise the Lord, my soul. Psalm 103

In David's Psalm of praise above, what can you find about God's character?

Highlight phrases that would encourage us to think David thought of God a loving father.

Compare this with how you feel about God. Do you sometimes feel God is a bit unapproachable or distant?

Do you sometimes wonder why God doesn't always give us what we want?

# ...hallowed be your name

### What is this hallowing?

Come up with a list of synonyms for 'hallowing' God. Use different Bible versions to see the different way it is translated, J.B.Philips or The New Living Translation for example. (lift up, put first, worship, respect) Look again at the Psalm above and pick out words that show that David still revered God even though he felt him close.

### What else does the Bible say about hollowing or worship?

The Bible tells us it is right to do so. Choose some suitable passages to explore. Here are some to get you started.

Exodus 34:14; Psalm 29:2; Psalm 100; Luke 4:8; Ephesians 5:19-20; Revelation 4:11

### So how can we praise God?

Talk about the ways. In hymns and songs, in our prayers, in the way we live our lives? There are some activities on the next page to get you going.

# Unit 2: Who do we pray to?

### **Activity 1**

Think about what can we praise God for? – homes, families, countryside, clean water to drink, someone who makes you laugh? Use the Psalms like the one opposite or Psalm 50 for more ideas.

The list can be endless so make a plan for your prayers. Start a prayer list of things or people you don't want to forget. Choose a different topic for each day of the week?

Praise and giving thanks often go together but they aren't the same. Think about the differences.

### **Activity 2**

### Making a tambourine

### You will need

2 plastic or paper plates, 1 hole punch, ribbon, bells.

### What you need to do:

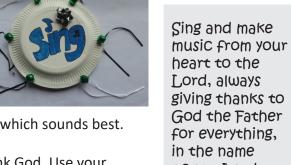
Punch 5 or 6 holes around the edge of the plates keeping the holes in line on both plates.

Tie bells to the ribbon and the ribbon to the holes in the

plates. The bells can go between the plates or outside. Decide which sounds best. Decorate your plates with a suitable phrase.

Try making up a verse, song, rap including your reasons to thank God. Use your tambourine to keep the beat when you repeat your verse.

(There are plenty of instructions for making other instuments if you hunt on-line. You could make your own band. But don't forget the reason for doing it)



of our Lord Jesus Christ. Ephesians 5:19-20

### **Activity 3**

Listen to one or more worship songs, following the words. Consider the following questions to help you discover whether the song is really worship or just an enjoyable experience.

What do you feel while listening? What is the message of the song? Do instruments help/hinder the message? Can you think of other songs you know or scripture verses you know which capture the same message? Might it be helpful to you personally to reflect on this message as you go about your daily

Make up your own praise song to a well know hymn tune.

### **Activity 4**

With lego, playdough or junk, everyone takes 5 minutes to make whatever they choose. (car, person, monster, building, etc) Afterwards, everyone shows what they have made and says why they chose to make

Liken the variety of responses to the variety of ways in which we can praise and worship God. Each has reflected his or her character in the best way the could. Think about how nature 'reveres' God by doing what it's made to do so perfectly.

Are you worshipping through life choices such as: not drinking at parties when others around you are doing so; not swearing; through showing that you care eg by buying the Big Issue/giving money to the homeless or food to food banks.

Read Romans 1:28-32. Can you see how some types of behaviour don't honour God?

### **Activity 5**

Read Psalm 147:1-18 together. You may like to use an unusual version, such as the Message Bible. After verse 9 each could say their own praise statement. (He gives us the promise of salvation; He gives us good friends)

Everyone concludes by saying "Praise the Lord" together.

# Lyour Kingdom come, your will be done on earth as it is done in heaven

Jesus puts this first of all the things we could ask for, so do we look forward to it as much as we should? It's hard sometimes. Having friends and family who help us along the way is wonderful. We all need to support each other along the path to God's Kingdom.

### **Activity 1**

Can you think of ways you can help others on their way to the Kingdom?

### Do some acting

Act out some scenes which show how you could help someone.

- Inviting a friend to Youth Group
- showing a friend you really care and want to support them through a difficulty doing something you know to be right even though you would rather do something else

### **Activity 2**

### Make a poster

Jesus uses the idea of going in the right direction in many of his teachings.

Draw a signpost on your poster (something like the one shown but on the pointers write some ideas about some choices you might have to make or things you can do. You could have some pointers going the wrong way with things that don't help your journey.

- decide how you spend your time
- read the Bible daily
- think about Jesus

### **Activity 3**

### What will God's Kingdom be like?

Think a little closer about what it is we are praying for. Is the Kingdom somewhere you would like to be?

Look up these quotations and write on pieces of card the 'treasures' that we can look forward to. Can you add any others?

Isaiah 35:1 Micah 4:3 Isaiah 65:25 Revelation 21:4

Micah 4:4 Isaiah 11:9 Revelation 21:4

### Make a treasure chest to put your treasures in

- Craft suppliers like Hobbycraft, The Works or Baker Ross sell small wooden or mache chest-type boxes, or you could make your own from any suitable small box like a margerine tub.
- Paint, varnish or cover your box with decoupage. (You may need to use double sided sticky tape to cover a plastic tub with paper first)
- Make a lid if your box hasn't already got one and decorate it. You could put a
   slot in the top to post your treasures through.











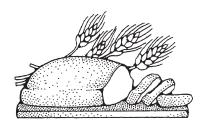
# Give us feeley our daily bread!

God provides for our daily needs, both physical and spiritual. We shouldn't forget to acknowledge how our daily needs are met.

### Two quizzes

Students might enjoy finding out the answers as a group, having a race between teams or you could could use one of the following alternatives. Make sure the answers you give match the Bible version the students are likely to use.

- You could have the answers, plus some incorrect ones, written on cards scattered round the room. The children have to collect the correct answers. If you have teams you would need to have the correct answers on as many cards as there are teams.
- After reading the question you could give a true and a false answer and the students have to run to a 'true' or 'false' notice on the wall.
- Students could show their inventiveness by drawing or miming the answers.



### **Bread Quiz**

- 1. What will there be on top of the mountains in the kingdom? Psalm 72:16 (corn)
- 2. What did the Israelites eat in the wilderness? Exodus 16:31 (manna)
- 3. With how many loaves did Jesus feed 5000? Matthew 14:17 (five)
- 4. What sort of bread did they eat at the Passover? Exodus 12:8 (unleavened)
- 5. Jesus said, "I am the bread of ...." John 6:48 (life)
- 6. At the last supper what did Jesus do with the bread after giving thanks? Luke 22:19 (broke it)
- 7. Where did the bread that God gave the Israelites come from? Exodus 16:4 (heaven)
- 8. What brought bread to Elijah? 1 Kings 17:6 (ravens)
- 9. What does the bread eaten at the Breaking of Bread represent? Matthew 26:26 (Jesus' body)
- 10. Why was there no bread in Egypt at the time of Joseph? Genesis 47:13 (famine was severe)

### God's provisions quiz

7. Genesis 22:13

For each reference answer a) what is provided b) who is it given to and c) why?

1. Exodus 16:5 (a) twice as much (b) the Israelites (c) because there was to be none on the seventh day 2. Exodus 17:6 (a) water (b) the Israelites (c) to drink 3. 1 Kings 17:6 (a) bread and meat (b) Elijah (c) because there was a famine) Matthew 14:21 (a) bread (b) 5000 men besides women and children (c) they were hungry 5. Genesis 42:2 (a) grain in Egypt (b) Joseph's brothers (c) so they don't die (a) water from the brook (b) Elijah 1 Kings 17:4 (c) because there had been no rain)

(a) ram, (b) Abraham (c) to kill instead if Isaac



### Make bread

Making bread can take a long time because the yeast has to be given time to work to make the dough rise so this is how to make unleavened bread which does not need time to rise. The Israelites were told to make unleavened bread in Egypt to get ready for the Passover and leaving Egypt.



#### You will need

- 250 g Wholemeal Bread Flour
- 1 teaspoonful salt
- Water to mix.

#### Method

- Put the flour into a mixing bowl with the salt.
- Mix to a soft dough with the water.
- Turn onto a floured board and knead to make a smooth soft dough and shape.
- Place onto a greased baking tray leaving a space between each shape.
- Cook in a hot oven, 200C, 400F, Gas Mark 6 for 12-15 minutes until golden brown.
- Place on a cooling rack until cool enough to eat!







### **Spiritual Snacks**

'Man shall not live on bread alone, but on every word that comes from the mouth of God.' Matthew 4:4 In the Bible, bread is sometimes used to represent the word of God. In the same way that we need to eat bread to survive, we need God's word to survive spiritually. During his temptation, Jesus said that eating is not everything. He quoted a passage from Deuteronomy.

Jesus also refers to Himself as being the bread of life.

I am the bread of life. Whoever comes to me will never go hungry. John 6:35

Can you think of times when you have been spiritually hungry? - Realised you haven't prayed for a long time? Realised you and your friends are enjoying things you would rather not do? Can you think of an inspiring verse to learn by heart so you will always have a spiritual snack with you when you need it?

Here are some suggestions:

The angel of the Lord encamps around those who fear him, and he delivers them. Psalm 34:7

And surely I am with you always, to the very end of the age.

Matthew 28:20

### **Activities**

- 1. Choose one of the verses or one of your own and write it on some labels. Then stick the labels on some cheap snacks chocolate bars, crisps etc and give them to your friends.
- 2. Write one of the verses on rice paper using food colouring and a fine paint brush or broken cocktail stick.







# Forgive us our debts, as we also have forgiven our debtors?

Jesus told a parable about forgiveness - read Matthew 18:23-35

#### **Drama**

The parable in Matthew 18 is dramatic.

- Get the students to find out what the amounts of money are equivalent to in our currency.
- Talk about how each of the people would have felt at different points in the story and see if you can act these feelings.
- Talk about what Jesus meant in the excerpt from the Lord's prayer above. What did Jesus mean about having a debt with God? What do you think Jesus means by 'debts' and 'debtors'? (some versions use 'trespasses' and 'trespass against us' instead) Who are you in debt to? Why?

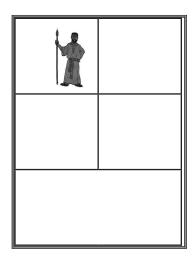
Using what you have talked about, get the students to plan or write a play about the parable and act it out as dramatically as they can. It could be set in Jesus time, as described in Matthew, or in our time.

### Or Art

Talk about the issues in the previous section. Create a story board or cartoon type strip for the parable in Matthew 18 using 5 or 6 sections.

These sections could be:

- 1. King with first servant,
- 2. Servant forgiven,
- 3. Servant finds other servant and sends him to prison,
- 4. Other servants shocked and tell the King,
- 5. First servant sent to prison,
- 6. write verse 35



#### Or Craft

Using Matthew 18 make a 'reminder card' about forgiving – forgive so many times you cannot remember how many times you have forgiven your brother.

Keep it in your Bible or pocket or wallet or anywhere it would be helpful to have it for when you get cross.



# And lead as not into temptation, but deliver as from evil

Jesus endured temptations that far outweighed anything we will ever need to endure. Imagine you had the power of God within you and the free will to do as you please; no one is controlling you but you. That was the ultimate temptation, that is what Jesus endured for us. He resisted the temptation of power and wealth and the pleasures of this flesh and gave his body, mind and soul to God.

Seeing that we have a great High Priest who has entered the inmost Heaven, Jesus the Son of God, let us hold firmly to our faith. For we have no superhuman High Priest to whom our weaknesses are unintelligible—he himself has shared fully in all our experience of temptation, except that he never sinned.

Let us therefore approach the throne of grace with fullest confidence, that we may receive mercy for our failures and grace to help in the hour of need.

Hebrews 4:14-16. J.B. Phillips

### Make a temptation slide.

### You will need

- One DL envelope per person (11 cm x 22 cm)
- A piece of card (10.5 cm x about 30 cm)
- Paper and decorating materials

### What to do

- Cut a piece of paper 8 cm x 11 cm and mark a window which is 6.5 cm x 3 cm. (shown on the right as shaded area)
- Decorate itl and write the words shown above and below the window.
- Glue this paper to the front of the envelope.
- Cut out the 'window', making sure you only cut through the bit of the envelope the label is stuck to.
- Seal the envelope and slit open the top and bottom so you have a tube.
- Cut out the strip of 'quotes' (or write your own) and it stick to the piece of card.
- Slip it into the WWJD tube so you can see only one 'quote' at a time. Try and imagine the situations that would result in someone saying these things to you and then how you would reply. Maybe you could try the phrase under the window as a standard reply?

# Sop and all mong a

But I love God more than that so 'NO!'



They'll like you more if you do it and you want them to like you don't you'

'It's good to be adventurous - just try it once and don't be such a goodie goodie'

'Go on, you'd like it so it must be OK'

'It's not really stealing and your Mum would like them and be pleased with you.'

'We could just go there for today. Who's to know?'

We would only really be borrowing it and we can put it back before anyone finds out.'

I know but parents never want you to do the fun stuff, they keep it for themselves!'

# Unit 4: Where should we pray?

### Some passages to think about

And when you pray, do not be like the hypocrites, for they love to pray standing in the synagogues and on the street corners to be seen by others. Truly I tell you, they have received their reward in full. But when you pray, go into your room, close the door and pray to your Father, who is unseen. Then your Father, who sees what is done in secret, will reward you. Matthew 6:5-6

And when you pray, do not heap up empty phrases as the Gentiles do, for they think that they will be heard for their many words. Do not be like them, for your Father knows what you need before you ask Him.

Matthew 6:7-9

### Play a game - When I want to pray

- This game is based on the game 'I went to market.'
- Students sit in a circle and one begins the game by saying, 'When I want to pray I ....' and finishes the sentence in their own way, for example '... go to the park.'
- The next player then repeats the first players sentence but adds his own place. For example 'When I want to pray I go to the park or my bedroom.'
- If a player forgets the list or can't think of something of his own he gets a mark against him (like a sticky spot on his forehead). The other players are allowed to challenge if they don't think the suggestion is a good one.
- Play continues until you run out of ideas.

### Some suggestions

Quiet corner in the garden
at a football match my bedroom
in the middle of the high street
watching television
listening to music
Sitting on a park bench alone in the middle of a busy shopping centre

### **Variations**

- You could change the sentence to start 'I wanted to pray so I left ....'
- A more challenging variation could be 'I wanted to pray like Daniel so I opened my window towards Jerusalem.' The following players needn't repeat the name Daniel.

### Suggestions for the second variation

If the students aren't too familiar with Bible characters to play this variation they could brainstorm these verses so that they can then come up with their ideas.

Like Hezekiah in the temple (church) because that's where he felt close to God 2 Kings 19:14-19 1 Kings 18:30-39 Like Elijah on a mountain because he wanted everyone believe in God Matthew 6:9-13 Like the disciples and say the Lord's prayer 1 Samuel 1:10-11 Like Hannah because she desperately wanted something Daniel 6:10 Like Daniel because he always prayed three times a day Nehemiah 2:1-6 Like Nehemiah, instantaneously Acts 16:24-26 Like Paul and Silas because they were in trouble Luke 18:9-14 Humbly like the tax collector in the parable

# Unit 4: Where should we pray?

### Make a door hanger

The instructions here are for two plaques joined together as shown in the photo.

Adjust the instructions to make single ones or more than two.

### You will need

- 2 pieces of wood measuring 10x15cm with the cut edges sanded and smooth. Balsa wood from a craft shop is easy to work with and probably won't need cutting or sanding.
- 6 screw-in hooks and eyes or staples (available from hardware stores)
- String, cord or ribbon
- Decorating materials (paint, marker pens, stickers, magazines to cut pictures from..)
- Clear, quick drying varnish (optional)

### What to do

- On paper, plan your design and the words you want to use to describe your praying time.
- When you are completly happy with your design and the materials you are going to use, decorate the two pieces of wood.
- Allow to dry completely and then varnish it if you want to.
- If you have time you could add a second design to the backs to give you more choice of messages.
- You could make a whole set of single ones to cover all eventualities.
- Screw eyelets or hammer staples into the top edges of the pieces of wood about 3 cm in from the edges. Then 2 on the bottom of the piece you want to hang above.
- Attach the string, cord or ribbon to join and to hang the door hanger.









## Unit 5: When should we pray?

Rejoice always, pray continually, give thanks in all circumstances; for this is God's will for you in Christ Jesus. 1 Thessalonians 5:16-18

Prayer should be in our minds constantly, as should the word of God. Prayer is not just for Sunday or before a meal. We can pray throughout the day or whenever in our daily life we need to speak to God. If we feel happy we should thank God. If we are sad we should ask for comfort. If we are lost we should ask for guidance.

If you have difficulty putting your feelings into words you are not alone! Look at these examples from the Bible and record what the situations they were in.

match the seven references with the situations in the box

- Nehemiah 1:3-4
- Nehemiah 2:4
- Acts 9:5,11
- Acts 10:1,2,30
- Jonah 2:1-9
- Matthew 26:36
- Matthew 26:39

### We can pray..

when we're in trouble when someone else is in trouble instantly when we want something

when we need guidance regularly

when we're sad

Can you think of any of your own?

### Make a Memory game

- Cut out 28 cards, roughly 5cm x 7cm. (If you want to use your own choice of references you will need adjust the number of cards you start with. An A4 sheet will make 16)
- On half of the cards write the seven **references** above and the seven Psalms **references** below. Substitute your own ideas or leave out any that may be too hard or the class don't find helpful.
- On the other half write the **situations** above and the Psalms **verses** below. (or your own choices)
- Mix the cards up and spread them out on a table with the written-on sides facing down.

### **Play Memory Game**

- Take it in turns to turn over 2 cards making sure everyone has a chance to see them.
- If they are a pair (the reference matches the verse or the situation) the player who has turned them over keeps that pair. If they do not match, the cards are turned back over.
- The object of the game is to remember where cards are so you can make correct guesses when it is
  your turn so it is important that, when cards are turned back over, they are placed in exactly the same
  position as they were before.
- The winner is the one with the most correct pairs at the end of the game.
- To start with the students may need the references and situations and verses on view.
  - Psalm 23:1 The Lord is my shepherd I shall not be in want.
  - Psalm 23:4 Even though I walk through the valley of the

shadow of death I will fear no evil.

Psalm 46:1 God is our refuge and strength, a very present

help in trouble.

Psalm 37:7 Be still before the Lord and wait patiently for him.

Psalm 34:7 The angel of the Lord encmps around those who

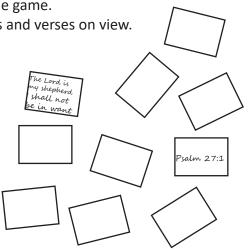
fear him and he delivers them.

O:6 Let everything that has breath praise the Lord.

Psalm 150:6 Let everything that has breath praise the Lord.

Praise the Lord.

Psalm 27:1 The Lord is my light and my salvation - whom shall I fear?



## Unit 5: When should we pray?

Wordsearch - Find the words in bold type

Pray when you are ... IMPRESSED by the BEAUTY of NATURE.

Pray when you are ... facing CONFLICT or DEPRESSED.

Pray when you are ... FEELING INADEQUATE or TROUBLED.

Pray when you are ... HAPPY and need to PRAISE God.

Pray when ... LIFE seems UNFAIR and you feel a FAILURE.

Pray when you are ... GUILTY and need to REPENT.

Pray when you are ... experiencing ILLNESS.

Pray when you are ...AFRAID, BLESSED, need to CONFESS or are SAD.

G F V S D T P F X H C Q Y H B E H R W W D Y B T K N H R R C Z H W F X T A H E S X T R T H E K N A C T W D Y N N S M B W B F O E A P V A L I F E A S A M N D Q Z Q B M E P E G X Z P S J O I C Q W H O J R B W Y P R S D E S S E R P E D A F B I V C S Y Y U Q D E L B U O R T E A N S B U F K R T T Z L U S S E N L L I S H Q T T S K R L A B H D X S O A M L R S B E J F E E L I N G I N A D E Q U A T E A K H V M S Q U A A M D V A B R N T B F O X R L X Q Q G R F R H L I E H P J Y N P Z M Z P U X F J U N M A M G T L M U O V X S Z J A A F F O C U K C O N F L I C T M K S G Q R W J U A O D Y K C U M M Y C E U





### Make a bookmark

Use the template to design a bookmark to remind you to pray. You could stick pictures or put decorative borders and you could use the back to write a list of Bible passages which are an inspiration to you when you pray.

Or make a poster Find a photo or picture that inspires you and add a suitable verse.

### Or some cards

Put your picture and verse on the front of a blank card.



Have I talked to God today?

Have I thanked him for the things I have been given?

Have I asked for help with things I find hard?

Have I told him what I am worried about?

Have I apologised for the things I got wrong?

