

Ephesians 4:17-32; 5:1-21

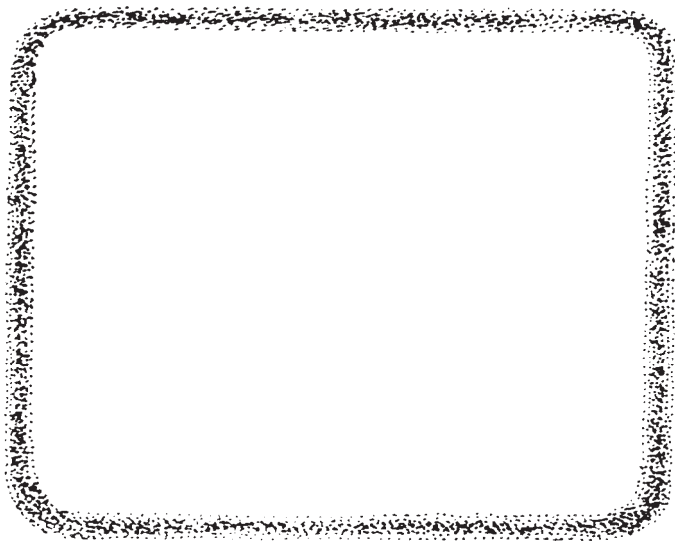
*For you were once darkness, but now you are light in the Lord. Live as children of light.*  
Ephesians 5:8

**Readings this week:**

- S Ephesians 4:17-24
- M Ephesians 4:25-32
- T Ephesians 5:1-14
- W Ephesians 5:15-21
- Th Romans 6:8-23
- F 1 Corinthians 6:9-20
- S 1 Thessalonians 4:1-12

In his letter to the Ephesians, Paul talks about the contrast between doing what God wants and what he doesn't want. He says that it is like the difference between walking in the light and walking in the dark. Look at Ephesians 4:17-32 and 5:1-21. Write down in the boxes the things which are characteristics of walking in dark or light.

**DARK**

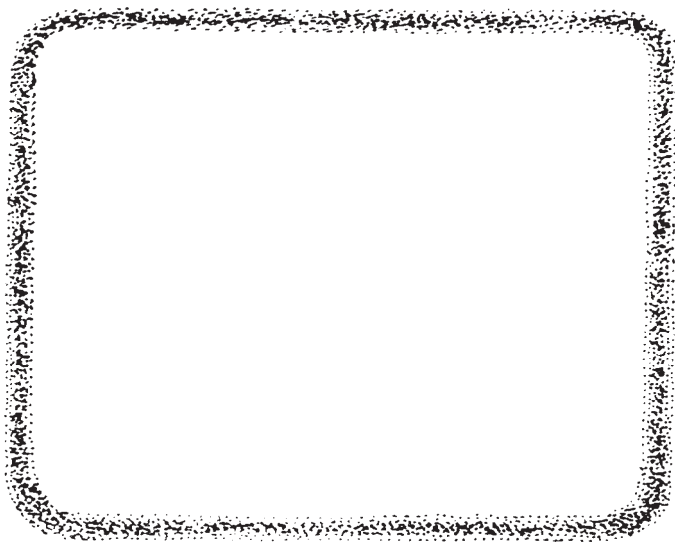


**LIGHT**



Now think about things in your own life. Which things put you in the dark and which make you see the light?

**DARK**



**LIGHT**



If you live in the

you will know fear. Do you

to come out of the dark?

If not, the result will be

Your life will be full of moral

You will feed on a

of selfishness and greed.

You will find that your good

intentions have

And you will be ashamed of

every

All your hope will be

and all you can look

forward to is

If you live in the

you will have a clear

of what is going on.

You will know what's

There will be no

between you and God.

Christ can

you. You will have the best

there is now,

and in the future you will

in God's kingdom.

Living in light means

showing God's

## Digging Deeper

### Luke

Where was Luke? (sometimes called Lucas in the AV)

You probably already know that Luke wrote the Acts of the Apostles as well as the Gospel

He isn't mentioned much by name but we can detect when he is around.

Which word in Acts 16:10 tells us that Luke was there?

How is this different from Acts 16:8?

Look through the following passages with a map of Paul's journeys (you may have been marking them on the map at the front of the workbook) and identify where Luke was with Paul (You could mark these places on the map in the workbook)

Acts 16:10-18

Acts 20:5 - 21:18

Acts 27:1 - 28:16

Paul wrote letters to the people of Colosse and the Philippians from Rome after he had arrived there at the end of Acts. How do these two references add to what we have learned about Luke?

Colossians 4:14

Philemon 24

Much later when Paul was in Rome again in a much harder prison, he wrote to Timothy. What does this verse tell us about Luke?

2 Timothy 4:11

Can you think of any other times when light and dark are used to explain things in the Bible?  
Can you think of anything Jesus said about light?

Why is God so clear about what is good and what is bad behaviour?  
What does it mean to you, to be told so clearly what is right and what is wrong?

