

Jonah 1,2

From inside the fish Jonah prayed to the LORD his God. He said; 'In my distress I called to the LORD and he answered me'.

Jonah 2:1-2

Readings this week:

- S Jonah 1
- M Jonah 2
- T Psalm 33
- W Psalm 139
- Th Jeremiah 23:23-24
- F Matthew 12:38-41
- S Hebrews 4:12-16

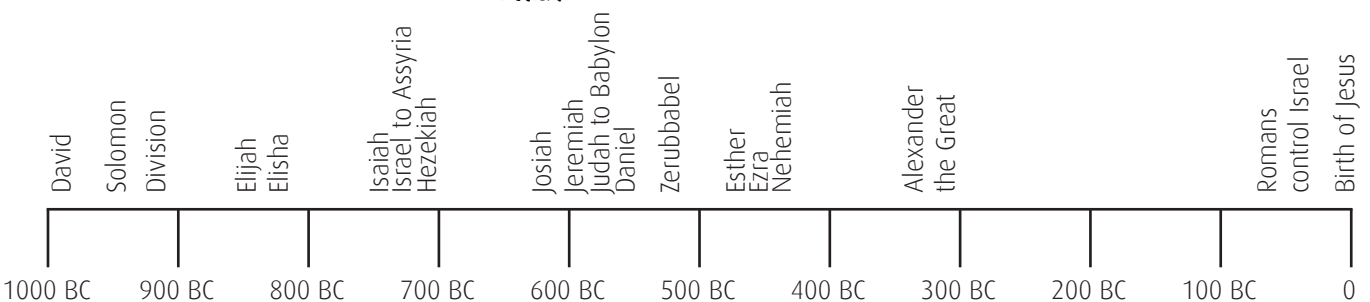
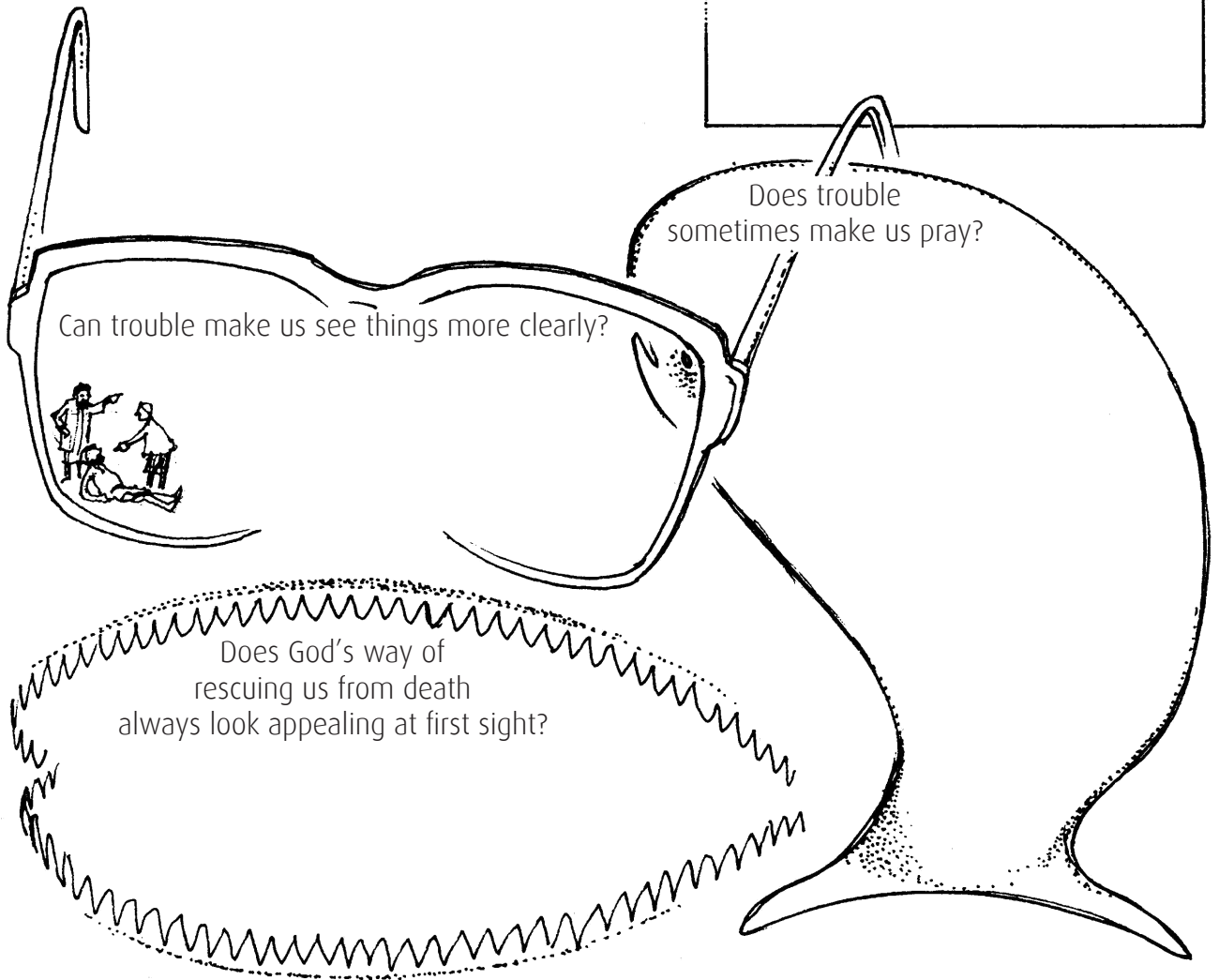
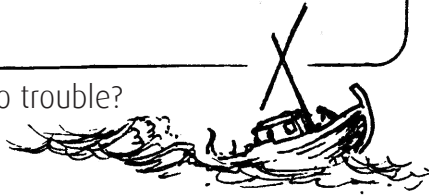
Read through the story of Jonah and then use this diagram to talk about some of the issues it raises.

Does God speak to us too?

Do we sometimes run away?



Does it get us into trouble?



What do you think Jonah learned about God?

Look at Jonah's prayer in chapter 2. In the prayer, Jonah is able to praise God and dedicate his life to God's service. He takes comfort from knowing that God is with him in his suffering.

Jonah's prayer is full of praise. Why is praising God important?

Are you always ready to praise God rather than question him?

What are the ways in which you can show praise in your life?

Jonah had to learn that God is in control of everything.

Have you learned that lesson?

The Pharisees said to Nicodemus:

'Are you from Galilee too? Search and see that no prophet arises from Galilee.'

John 7:52 ESV

Were they right?



Digging Deeper

Jonah and Jesus

This is not an impossible story. There are records of other people being swallowed by a whale and surviving. Certainly Jesus believed that these things happened to Jonah.

Read Matthew 12:39-41. What was Jesus telling the people of his day?

What event in Jesus' life was like what happened to Jonah?

Can you think of other things in Jonah's life that echo that of Jesus?
(Jonah 1:5,12; 2:6)



Ask
God to
help you to
have enough
faith.