

## Bible background

Matthew 28:1-7; John 20:1-18

## Aim of lesson

To teach the reality of the resurrection.

## Preparation required

You will need scissors and some dressing up clothes if available. Partially cut out the stone on your activity sheet.

## Suggested outline of lesson

1. Ask the children if they remember what cruel people had done to Jesus in last week's lesson.
2. Explain how when he was dead, the body of Jesus was put in a cave and a very large stone put over the cave entrance. Show the class your activity sheet to show the cave blocked by the great stone.
3. Tell how the angel came very early on the Sunday morning, sent by God to roll the stone away. Fold back the stone on your sheet to illustrate. Tell how God had made Jesus, his Son, alive again.
4. Tell how Mary, not knowing Jesus was alive, went to the tomb to take some perfume that they used to put on dead bodies. She was wondering how she was going to get in since the stone was much too heavy to move. Tell how she saw the angel and went to tell the disciples. Describe her running back with Peter and John and staying at the tomb after they had left. Explain that she was crying because she still did not really understand what had happened to Jesus. Describe Jesus coming and talking to her. Discuss with the children how Mary had felt and how she felt now that she had seen Jesus.
5. Teach the class the song 'He's Not Dead, He Is Alive'.
6. Ask the children to draw the angel on the activity sheet and cut out the stone. They could also draw Mary if they wish.

## Alternative activities

1. Make tray gardens with clay or Plasticine tombs and white paper or cloth for grave clothes.
2. Make collage pictures of the garden and tomb. Include some figures if you wish. Have the shapes precut ready for the children to stick down (they will need help to position them correctly) and then let them add extra detail with crayons or by sticking on small gummed shapes for flowers, etc.

## Relevance to the children's lives

Ask the children if they are glad that Jesus is alive again - and why. It was not fair that Jesus should die as he did, so they can be glad that he was raised from the dead; they can be glad that he is alive now, and that he will come back.

## Prayer

Ask who would like to tell God that we are glad he raised his Son Jesus from the dead.

## Verse

'You are looking for Jesus, who was crucified. He is not here, he has risen, just as he said.'  
Matthew 28:5-6.

# Song

## He's not dead, he is alive

(Tune: She'll Be Coming Round The Mountain.)

The musical score is written in G major (one sharp) and 2/4 time. It consists of four staves of music. The first staff begins with a G chord. The second staff includes chords D, D7, G, C, G, D7, and G, with the word 'Chorus' appearing above the final measure. The third staff includes chords G, D, D7, and G. The fourth staff includes chords C, G, D7, and G. The music features a mix of eighth and quarter notes, with some measures containing beamed eighth notes.

v.1 Mary went to see where Jesus had been laid  
Mary went to see where Jesus had been laid  
But then Mary saw an angel, Mary saw an angel  
Mary saw an angel at his grave.

Chorus: Saying, 'He's not dead, he is alive'  
Saying, 'He's not dead, he is alive'  
He has risen from the grave  
He has risen from the grave  
And he's not dead, he is alive.'

v.2 Mary ran to tell the others 'He's alive'  
Mary ran to tell the others 'He's alive'  
I have just seen an angel, just seen an angel  
And he said that Jesus is alive.'

Chorus  
v.3 Someone called her name, so Mary turned her head  
Someone called her name, so Mary turned her head  
Then she saw that it was Jesus, saw that it was Jesus  
Jesus who had risen from the dead.

Chorus

*Music: Traditional.*